



## BEGIN & END PRAYER

Begin & End Prayer with Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen. +

## MORNING PRAYERS

**Apostles Creed:** I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty, where he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

**Gloria:** Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and will be forever. Amen.

**Our Father:** (cf. Lk 11) Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

**Hail Mary:** (cf. Lk 1:26-42) Hail Mary, full of grace, the Lord is with thee; blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of death. Amen.

**To St. Joseph:** O perfect Guardian, O faithful conductor, Jesus Himself, and the Virgin Mary, entrusted: for the sake of these two most precious treasures, I beg and entreat you to preserve me from every sin, so that I may always serve Jesus with pure mind, heart and body. Amen.

**Morning Offering:** I adore You, O my God, and I love You with my whole heart. I thank You for having created me, made me a Christian, and preserved me during this night. I offer You all my actions of this day. Grant that they may be done according to Your holy will and for Your glory. Keep me from sin and from every evil motion, you are always with me and will be all the while dear to me. Convert sinners, console the sick, the afflicted, and pray for their tribulations. Grant paradise to those who will die this day, and eternal rest to the faithful departed. Amen.

## Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to enlighten and guard, to rule and guide. Amen.

## NIGHT PRAYERS

**Act of Adoration:** I adore You, O my God, and I love You with my whole heart. I thank You for having created me, made me a Christian, and preserved me during this day. Pardon me for the faults I have committed this day, and accept for Your glory the good I have accomplished. I entrust my soul and body to You this night. Accept the beats of my heart as acts of love for You. Keep far from me the snares of the devil. Holy Your holy angels keep me in peace. May Your grace be always with me and with all those who are dear to me. Grant paradise to those who will die this night. May the souls of the faithful departed, through Your mercy, rest in peace. Amen.

**For Purity:** I greet you, O Mary Immaculate, Daughter of the eternal Father, and I beg you to give me purity of thought. I greet you, O Mary Immaculate, Mother of the eternal Son, and I beg you to give me purity in speech. I greet you, O Mary Immaculate, Spouse of the Holy Spirit, and I beg you to give me purity in action. Amen.

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